



NuLifeBeauty



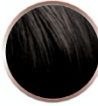



# IPL Laser Hair Removal Handset

## **USER MANUAL**

NuLifeBeauty.com



# Skin Tone & Body Hair Chart:

Hair Color \ Skin Tone	Skin Tone					
	I	II	III	IV	V	VI
	✓	✓	✓	✓	✓	✗
	✓	✓	✓	✓	✓	✗
	✓	✓	✓	✓	✓	✗
	✗	✗	✗	✗	✗	✗
	✗	✗	✗	✗	✗	✗
	✗	✗	✗	✗	✗	✗

✓ - Suitable for Use

✗ - NOT Suitable for Use



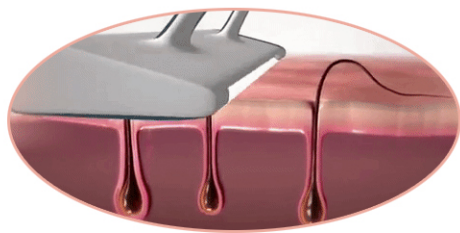
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# 1. How Does the IPL Laser Handset Work?

Our handset uses Intense Pulsed Light (IPL) technology which operates by delivering regular bursts of intense, wide-spectrum light to the root of the hair.

These light bursts are transformed into heat energy, which damages the root of the hair, causing it to stop growing. This leaves you with smooth, hair-free skin. You can start seeing long lasting results within 3-4 treatments.



**SHAVE**



**FLASH**



**PREVENT  
REGROWTH**

## What To Expect

Immediately post treatment, you should not see any significant side effects from treatment (Refer to section 4 for more information on side effects).

In the first few weeks following the initial treatments, you will still see some hairs growing. These are likely to be hairs that were missed during treatment i.e. they were lying dormant and not in their growth phase (Anagen) during treatment, when IPL is most effective.

Around 6 weeks into the 12 week treatment program you should see a reduction in hair growth. However, many hairs may still not have been treated in their growth phase. It is important to continue the weekly treatments.

After the 12 week program, you should see a significant reduction in hairs within the treated area. Any remaining hairs should be finer and lighter in color. Continued monthly treatments, or treatments as required, should maintain the reduction in unwanted hair

## 2. Important Safety Information

### a) Contraindications

**DO NOT** use the device if you have very dark skin.

**DO NOT** use the device if your skin has been artificially or naturally tanned recently or is burned from sun overexposure. Your skin may be extra sensitive following sun exposure and particularly susceptible to burning, blistering, discoloring or scarring if you use the device. Wait 1 week until sunburn or tan disappears before using the device. Treating tanned skin with IPL may result in permanent Hyper (darkening) or Hypo (lightening) changes to the treated skin.

**DO NOT** expose treated areas to the sun. Wait at least 7 days after treatment before exposing treated skin to direct sunlight. Your skin may be extra sensitive following IPL treatment and particularly susceptible to sunburn. Apply sunscreen (SPF 15 or greater) to the treated area or cover the treated area with suitable clothing.

**DO NOT** use the device directly on the nipples, genitals or around the anus. These areas may have a darker skin color and/or greater hair density. Using the device in these areas may cause discomfort/pain or injure (burn, discolor or scar) your skin.

**DO NOT** use the device if you have a history of skin cancer or pre-cancerous lesions (e.g. nevi or a large number of moles).

**DO NOT** use if you are pregnant, lactating, as this device has not been tested with these individuals.

**DO NOT** use on dark brown or black spots such as birthmarks, moles or warts in the area you wish to treat. Using the device may injure your skin or make existing conditions worse. You may experience side effects such as burns, blisters and skin color changes or scarring.

**DO NOT** use if you have any skin condition in the treatment area, including psoriasis, vitiligo, eczema, acne, herpes simplex or active infections or wounds.

**DO NOT** use if you are under the age of 18 as this device has not been tested on these individuals.

**DO NOT** use on tattoos or permanent make up in the treatment area.

**DO NOT** use on beard/facial hair for men.

### b) Warnings

Our handset emits flashes of intense pulsed light. Direct exposure is potentially harmful to your eyes. Take care to follow the safety precautions below. The handset can only be activated (flashed) if the skin tone sensor (next to the treatment window) detects a valid skin tone reading and is in full contact with the treatment area. However:

**DO NOT** look directly into the treatment window (1) when the device has electrical power and is switched on.

**DO NOT** attempt to activate (flash) the device towards the eye.

**DO NOT** treat areas around the eye (eyebrows or eyelashes).

**DO NOT** attempt to activate (flash) onto any surface other than skin.

**ONLY** attempt to activate (flash) the device when the treatment window is in good contact with the area you wish to treat.

**WE RECOMMEND** you look away from the device when activating the treatment button.

**WARNING** no modification of this equipment is allowed.

## c) Precautions

Hair removal by lasers or intense pulse light sources can cause increased hair growth in some individuals. Based upon currently available data, the highest risk groups for this response are females of Mediterranean, Middle Eastern, and South Asian heritage treated on the face and neck.

**DO NOT** use the device on any area where you may want hair to grow back.

The device is not recommended for use on red, grey or blonde hair since it is not effective on these hair colors.

## d) General Safety

The device should be kept out of the reach of children under 18 years of age. Children should not use, play with, maintain or clean the device. There are a number of potential risks – exposure to the light output causing burns or eye damage, electrocution, strangulation from the cables, choking on the Removable Front. People with reduced physical, sensory or mental capabilities or lack of experience and knowledge may use the device if they have been given supervision or instruction concerning the safe use of the device and understand the hazards involved. The Glass filter (10) is a critical component that will get hot during use.

**DO NOT** touch the glass filter during or directly after use. Regularly inspect the filter for damage.

**DO NOT** use the device if the filter is cracked or missing.

**DO NOT** use If you have a known sensitivity to sunlight (photosensitivity) or are taking medication that makes the skin more sensitive and causes photosensitivity, e.g. Retin A, Accutane and/or other topical retinoids. Always check the instruction leaflet that comes with your medicinal product, to see if photosensitivity is

Ensure treatment window is clean and free from debris. Any debris on or around the treatment window during operation may result in temporary skin changes such as redness or swelling.

## e) Electrical and Safety

As with any electrical device, certain precautions must be taken in order to ensure your safety.

**DO NOT** try to open the device, as this may expose you to dangerous electrical components.

**DO NOT** use if the device is damaged; for example, cracked housing, cable damage (internal wires visible), cracked or broken glass filter etc. This may result in injury.

**DO NOT** use near bathtubs, showers, basins or other vessels containing water. If the device becomes wet, it should not be used.

**DO NOT** use if the device becomes uncomfortably hot to touch. This may indicate that the unit is damaged.

**DO NOT** attempt to activate (flash) the device onto any surface other than skin.

**DO NOT** operate the device if the mains plug is not easily accessible. You should be able to disconnect at any time.



### 3. Potential Risks, Side Effects and Skin Reactions

The use of our device can result in side effects. While rare, the table below lists the known skin reactions that may occur following treatment with the device and how to react.

SIDE EFFECT	HOW TO ASSES & REACT
Mild pain / discomfort in the area being treated.	This is expected and is normal for all IPL treatments. You can keep on using the device as instructed, and the pain should diminish with continued use.
Warm feeling or tingling sensations during treatment, which typically disappear after a few seconds to a minute and decrease with continued use.	This is expected and is normal for all IPL treatments. You can keep on using the device as instructed.
Itchiness in the treatment area.	This is quite common for IPL treatments, and should subside after a short period. You can keep on using the device as instructed. Do not scratch the area.
Skin redness during or after treatment which disappears within minutes.	This is expected and is normal for all IPL treatments. You can keep on using the device as instructed once skin redness has disappeared.
Skin redness which does not disappear within minutes and lasts 24-48 hours.	Stop using the device immediately and consult your physician before using it again.
Pain or discomfort that is intense during treatment or persists after a treatment.	Stop using the device immediately and consult your physician before using it again.
IN VERY RARE CASES	HOW TO ASSES & REACT
Swelling and redness that does not disappear within two to three days.	Stop using the device immediately and consult your physician before using it again.
Temporary changes in skin color (lightening or darkening).	If your skin color changes, stop using the device immediately and consult your physician.
Blistering or burning of the skin.	Stop using the device immediately and consult your physician before using it again. Apply a cold pack to the area. Treat with antiseptic or burn cream.

## 4. Benefits of Using Our Device

Our device is indicated to permanently reduce growth of unwanted hair. Within 12 weeks of treatment, individuals can expect to see permanent hair reduction and silky-smooth skin.

A clinical trial was performed to assess both the safety and efficacy of the device. The key features of the clinical trial were:

- All treatments were performed by non-medically trained operators at a single location using devices identical to the one provided in this package;
- All subjects were required to complete questionnaires related to their general health and those who could not be treated, e.g. those who had one or more of the contraindications as listed in Section 2 of this User Manual were excluded. In addition, all subjects were required to provide Informed Consent as per international clinical trial requirements;
- A total of 53 female subjects, aged between 19 and 45 years old, commenced the trial;
- Three subjects left the trial during the treatment period for personal reasons. No subjects left the trial due to problems associated with the use of the device;
- Each subject received 12 weekly treatments to their chosen body location. A typical treatment consisted of shaving the site then applying the device following the same process as outlined in Section 7, Step 3 of this user manual;
- Hair counts were used to measure the change in the amount of hair 6 months after the last treatment and 12 months after the last treatment. The hairs in the treatment sites were counted via high resolution photography and the difference in hair counts was calculated as a percentage change;
- When used as directed, the clinical trial participants showed on average 44% less hair 6 months after their last treatment and 36% less hair 12 months after their last treatment when compared to hair counts taken before treatment (see table below). Actual results did vary from person to person.

Number of subjects at 6 months post treatment.	50
Hair reduction at 6 months post treatment.	43.9 %
Number of subjects at 12 months post treatment.	33
Hair reduction at 12 months post treatment.	36.0 %
% of subjects met success (> 30% hair reduction) on all body areas at 12 months post treatment. Subject success is defined as greater than 30 % hair reduction at all treatment sites at 12 months.	66.7 %

The incidence of side effects during the clinical trial was minimal (as outlined in Section 4 above) and the majority of subjects (48 out of 50) would recommend the device to their friends.

## 5. Intended Use & Your Suitability

Our device is intended for the permanent reduction in unwanted hair.

### **BODY**

Our device is suitable for use on body hair and female facial hair below the cheek line.

### **SKIN & HAIR COLOR**

Refer to our Skin Tone & Body Hair chart on page 3 of this manual.

The device is intended for use on light, medium and dark skin tones up to and including skin tone V. The device is intended for use on naturally black or brown hair. It may not be as effective on white, grey, blonde or red hair.

## 6. How to Use?

**WARNING:** Follow each step in the treatment process ensuring you complete all aspects of each step before progressing to the next.

### **STEP 1: PREPARE THE AREA TO BE TREATED**

Remove all visible hair on the skin by shaving it before using the device. Make sure there is no hair remaining above the surface of the skin as this can prevent optimal treatment and results.

Cleanse the treatment area and pat dry. Don't use any gels, lotions or creams with this device!

### **STEP 2: PERFORMING A PATCH TEST**

Before your first treatment on each new body area, we RECOMMEND you test your skin (in the area) for reactions.

The patch test area should be approximately 3 cm x 2 cm in size (equivalent



**Observe for  
adverse effects**

**Always perform a patch test on each new  
treatment area**

to 2 flashes applied to the skin side by side). Follow Step 3 to treat the area.

**Wait 24 hours following the patch test**, to ensure your skin is suitable for treatment and there is no adverse reaction to the light energy. If there is no reaction after 24 hours, you may treat the area around the test patch. The 'patch tested area' should not be re-treated for at least one week.

### **STEP 3: TREATING THE AREA**

- A)** Plug in power supply into electrical outlet and connect to device. The LED display will flash twice and indicate “OFF”. Hold the Power button (small button) to turn it on. The fan should start up and the LED display will turn on and indicate remaining number of flashes (999,999 to start) and strength level (lowest one).
- B)** Adjust the intensity level of the flash by pressing the Power button (short press). **For darker skin color use lower intensity.** We recommend starting off on the lowest level and increasing gradually each treatment. If treatment feels uncomfortable, reduce the intensity.
- C)** Press the handset firmly against the area to be treated ensuring the skin sensors are in contact with the skin. The device will not operate if the sensors are not in full contact with the skin. When the handset is properly placed against the skin, the LED display will flash to indicate it's ready for use.

**Display NOT Flashing  
No Skin Detection**



**Incorrect**

**Display Flashing  
Skin Detection**



**Correct**

- D)** Press the flash button (long button, short press). The device will flash and a warm sensation should be felt.
- E)** Move the handset to the next area to be treated and repeat. The device needs 1-2 seconds to recharge between flashes.

### **STEP 4: SWITCHING OFF THE DEVICE**

When treatment is finished, hold Power button to turn off device. A 10 seconds shut down timer will appear on the display before the device turns off.

Refer to Section 9 for details on how to best look after your device.

## 7. Treatment Schedule

For optimal results, follow the treatment schedule below. **If irritation occurs, reduce treatment frequency.**

<b>DURATION</b>	<b>TIMES</b>	<b>EFFECT</b>
First 3 to 4 weeks	2 times per week	75% or more of hair begins to fall naturally.
5th and 6th week	1-2 times per week	New hair is shedding.
7th and 8th week	1 time per week	Hair becomes thinner and grows less.
8+ weeks	1 time per week (as needed)	Selective use. Different body types may require a bit more time to fully get rid of hair.

## 8. Treatment Modes

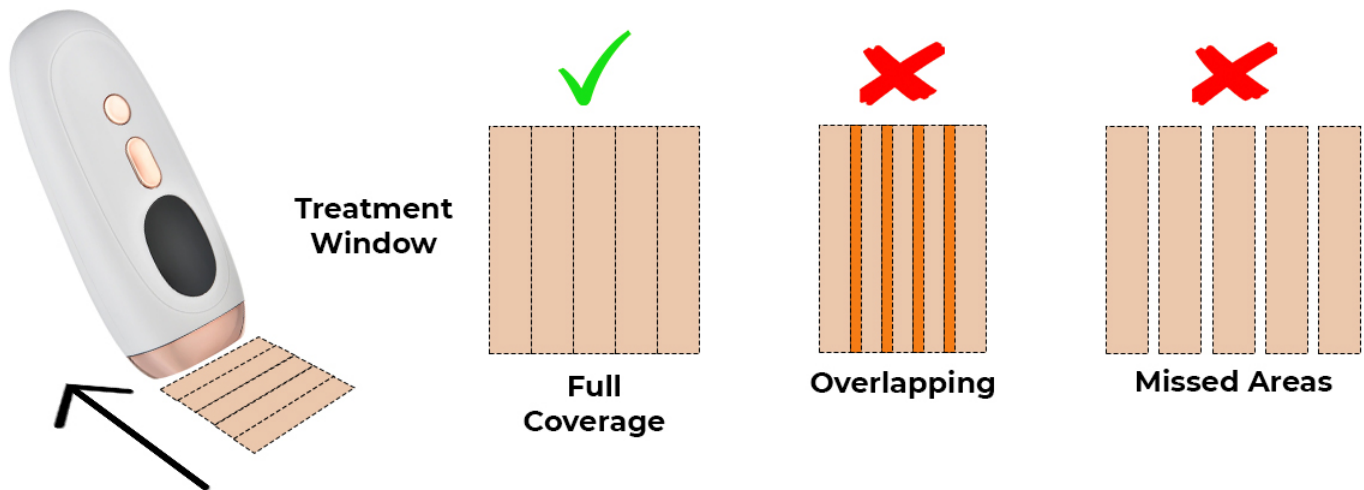
Depending on the area you wish to treat you can choose between **Automatic mode** or **Manual mode**:

Automatic mode enables fast and efficient treatments and is recommended for large skin surface areas (e.g. legs, arms, chest and back) while Manual mode is recommended for treating sensitive or small, hard-to reach areas such as knees, shins, ankles, bikini line or underarm and face for females.

The area to be treated has to be hair-free, clean and dry. Before pressing the treatment button, look away from the device to avoid the bright light.

To activate Automatic mode long press the Flash button, the Automatic mode indicator will come on when it's activated. (refer to page 3 for device diagram & description)

**Make sure to avoid missed areas by placing the treatment window directly next to the previously treated spot without leaving any space between treated areas. DO NOT overlap areas.**



## 9. Cleaning, Maintenance and Storage

After treatment, always switch off and unplug the power supply from the device and the electrical outlet.

After use, the handset and the treatment window should be inspected for damage and wiped down with a dry, lint free cloth. If any marks or black spots are seen, then it is best to clean them off straight away after treatment. NEVER use water or other cleaning fluids, as these can damage the device leading to a potential safety hazard.

WARNING: The glass filter can get hot during use.

To ensure maximum performance of your device, it is particularly important to keep the front and treatment window free from dirt, hair or other debris.

Store the device in a cool, dry place. Make sure that the treatment window is protected from damage. Regularly check the device (including cords) for visible signs of damage. In case of damage or cracks, stop using the device.



## 10. Troubleshooting

<b>PROBLEM</b>	<b>SOLUTION</b>
Display not flashing when placed against skin.	Make sure the device is connected to an electrical outlet and is in Ready mode. Ensure the treatment window is in full contact with the skin. If needed, reset device by unplugging from electrical outlet.
Device turns off by itself when used.	Make sure the power cord is fully plugged in to the power socket of the device. Drastic movement may loosen the cord.
Device gets too hot when used and can't be handled properly.	Make sure the fan vent of the device is not covered when it's being used. It's important to cool it down to prevent damage.
Intensity Level indicator keeps flashing and device won't work.	Device needs to recharge. This usually takes between 1-2 seconds. If problem persists, reset device by unplugging from electrical outlet.
Device, treatment window, power supply or cable are broken, cracked or appear defective.	<b>DO NOT USE.</b> If you are in any doubt about the safety or suspect it is damaged in any way, you must not use it.

# 11. Technical Specifications

Our device is a filtered broadband Intense Pulsed Light system with the following technical specifications:

- **Repetition Rate** Manually pulsed every 1 to 2 seconds (dependent on treatment setting), continuous operation
- **Wavelength** 570 – 1100nm
- **Light Intensity** 3 – 6J/cm<sup>2</sup>
- **Power Input** 100-240V~, 0.5A, 50/60Hz
- **Operating Temperature** 5 °C - 40 °C
- **Treatment Area** 3 cm<sup>2</sup>

The device includes 999,999 flashes and is intended for a single user.

## DISPOSAL

In order to minimize hazards to health and the environment and ensure that materials can be recycled, this product should be disposed of at a separate collection facility for waste electrical and electronic equipment.



## 12. Support

If you have any questions or concerns, please do not hesitate to reach out to us! We will be happy to help!

### **EMAIL:**

[help@nulifebeauty.com](mailto:help@nulifebeauty.com)

### **PHONE:**

+1 (877) 977-6336

If you are unable to reach out support line during working hours, please send us an email or reach out to us by social media.

### **FACEBOOK & INSTAGRAM:**

@NuLifeBeautyUSA